

Your Pregnancy Guide

The Baby Place®

Expect More When Expecting

Right now, you are probably overwhelmed with learning about pregnancy and the thought of becoming a new parent. To help put you at ease, The Baby Place at AdventHealth for Women has created this “roadmap” as a guide of things to do to help prepare for your new arrival.

FIRST TRIMESTER



Visit your OB/GYN to confirm your pregnancy.



Attend prenatal visits and complete lab work.



Register for the Baby Place Academy® App to get access to parent education in the palm of your hand.
BabyPlaceAcademyApp.com



Schedule your Baby Place tour with our birth experience team at **BabyPlaceTour.com**.

SECOND TRIMESTER



Tour The Baby Place with our birth experience team.



Complete your Birth Wishes form to customize your birth experience.



Enhance your experience with upgraded amenities. Visit **BabyPlaceConcierge.com** to view our full menu.



Pre-register for your delivery day at **BabyPlacePreReg.com**.



Attend parent education and childbirth classes. Review available class offerings at **BabyPlaceAcademy.com**.

THIRD TRIMESTER



Make a trial run to the hospital.



Explore cord-blood banking options.



Choose your baby's pediatrician. To find a provider, visit **HerHealthNavigator.com**.



Pack your hospital bag.



Welcome your newest addition!

FOURTH TRIMESTER



Schedule your OB follow-up appointment.



Schedule your baby's follow-up appointment.



Attend the Baby Bunch support luncheon for new moms and babies.

Contact Us

AdventHealth Altamonte Springs

601 East Altamonte Drive | Altamonte Springs, FL 32701
Birth Experience Coordinator | 407-303-5405
Concierge Services | 407-303-3309

AdventHealth Celebration

400 Celebration Place | Celebration, FL 34747
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AdventHealth Orlando

601 East Rollins Street | Orlando, FL 32804
Birth Experience Coordinator | 407-303-7341
Concierge Services | 407-609-1359

AdventHealth Winter Park

200 North Lakemont Avenue | Winter Park, FL 32792
Birth Experience Coordinator | 407-646-7200
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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.


AdventHealth
for Women

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