

Your Pregnancy Guide

The Baby Place®

Expect More When Expecting

Right now, you are probably overwhelmed with learning about pregnancy and the thought of becoming a new parent. To help put you at ease, The Baby Place at AdventHealth for Women has created this “roadmap” as a guide of things to do to help prepare for your new arrival.

FIRST TRIMESTER



Visit your OB/GYN.



Review your insurance policy.



Register for the Baby Place Academy® App to get access to parent education in the palm of your hand. BabyPlaceAcademyApp.com



Schedule your Baby Place tour with our birth experience team at BabyPlaceTour.com.

SECOND TRIMESTER



Tour The Baby Place with our birth experience team.



Complete your Birth Wishes form to customize your birth experience.



Enhance your experience with upgraded amenities. Visit BabyPlaceConcierge.com to view our full menu.



Pre-register for your delivery day at BabyPlacePreReg.com.



Attend parent education and childbirth classes. Review available class offerings at BabyPlaceAcademy.com.

THIRD TRIMESTER



Make a trial run to the hospital.



Explore cord-blood banking options.



Choose your baby's pediatrician. To find a provider, visit HerHealthNavigator.com.



Pack your hospital bag.



Welcome your newest addition!

FOURTH TRIMESTER



Schedule your OB follow-up appointment.



Schedule your baby's follow-up appointment.



Attend the Baby Bunch support luncheon for new moms and babies.

Contact Us

AdventHealth Altamonte Springs

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Concierge Services | 407-303-3309

AdventHealth Celebration

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AdventHealth Orlando

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AdventHealth Winter Park

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.


AdventHealth
for Women

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