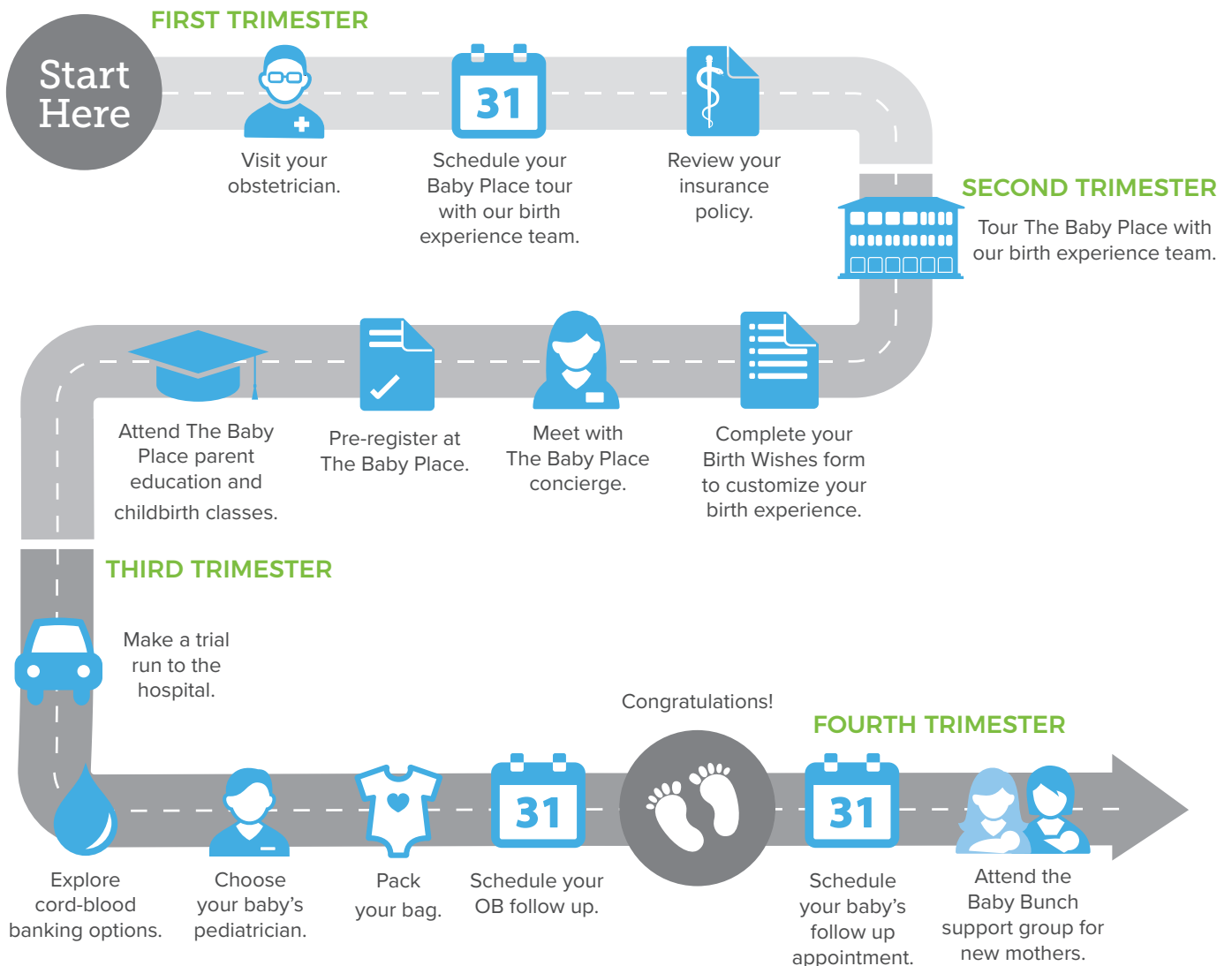


# Your Pregnancy Guide

## Expect More When Expecting

Right now, you are probably overwhelmed with learning about pregnancy and the thought of becoming a new parent. To help put you at ease, The Baby Place at AdventHealth for Women has created this “roadmap” as a guide of things to do to help prepare for your new arrival.



To learn more or schedule a tour, contact the Birth Experience Team at 407-303-4HER, or visit [AdventHealthforWomen.com/OB](http://AdventHealthforWomen.com/OB).

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.

  
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