

# Advanced Gynecology Services

at Florida Hospital for Women

Gynecological issues can cause pain, embarrassment and even depression. If left untreated, minor symptoms below the belly button can diminish your quality of life and lead to serious, life-threatening conditions. There's no need to suffer in silence. These conditions are more common than you think and there are a host of treatments available.

## Common Symptoms

If you suffer from any of the following symptoms, you should consult a gynecologic specialist.

- Vaginal dryness or itching
- Heavy or prolonged menstrual bleeding
- Pelvic or rectal pain
- Bulge in vagina you can see or feel
- Pain during sexual intercourse
- Heavy feeling in vagina
- Severe menstrual cramps
- Frequent urination or leakage of urine

## Caring Physicians You Can Talk To

Our physicians and specialists are some of the most skilled in the country. They also understand the emotional toll some gynecologic conditions can take on you. We're here to listen to your concerns and provide you with education and support.

Our vast experience gives us unique insight into the latest treatment options available, so you can choose the best plan for your individual situation. Together, we work to eliminate pain, restore your confidence and bring normalcy back to your life.

**To schedule an appointment, contact our women's health navigator at (407) 720-5191 or visit [FH4Women.com](http://FH4Women.com).**

## Common Conditions We Treat

Depending on your specific condition, we use a combination of medication, physical therapy and surgery to treat even the most complex gynecological issues. Whenever possible, we use minimally invasive surgical techniques which lead to less pain and quicker recoveries.

### Endometriosis

Endometriosis is one of the leading causes of infertility — affecting as many as one of every ten women.

### Fibroid Tumors

Uterine fibroid tumors can vary in severity. Treatments include medication therapy and surgery.

### Pelvic Floor Issues

Roughly one in three women are affected by pelvic floor disorders that can lead to urinary incontinence, pelvic organ prolapse or pelvic discomfort.

### Menopause Management

Menopause is the stage when women can no longer have children and signals the end of menstruation. Symptoms that become severe can usually be treated with medication or hormone replacement therapy and specific lifestyle changes.