

Pelvic Rehabilitation Symptom Checklist

If you experience any of the listed symptoms, pelvic physical therapy may be right for you.

Can I have pelvic physical therapy to help with these symptoms?	YES	NO
Painful vaginal penetration	X	
Urinary leakage	X	
Constipation	X	
Prolapse into vaginal walls	X	
Vaginal bleeding		X
Pelvic pain	X	
Scar tissue	X	
Chronic diarrhea		X
Abdominal scars	X	
Lymphedema	X	
Pudendal neuralgia	X	
Connective tissue dysfunction from cancer medications	X	
Pain with menstruation	X	

Who do we treat?	YES	NO
Infants/ Children	X	
Men	X	
Women	X	
Teenagers	X	
Seniors	X	

The treatments we offer can potentially prevent surgery or be a great complement to post-surgical recovery.



Therapy that Heals

Our facilities feature private treatment rooms in a spa-like environment and are equipped with the latest state-of-the-art technology, to ensure every patient receives the utmost care, both physically and emotionally. We offer individualized treatment plans which focus on relieving and managing your specific symptoms. We also have multiple physical therapists at our center who want to assist your healing process.

Our therapists have extensive knowledge and advanced training to apply evidence-based rehabilitative techniques, including manual therapy, computerized biofeedback, extensive patient education, exercise selection and techniques to help meet your goals. This therapy is a conservative way to manage your symptoms.

At Florida Hospital Pelvic Health Rehabilitation, our goal is to help you begin the healing process, and we will make your success our first priority.

For more information, visit FHSportsMed.com. To schedule an appointment, call (407) 303-8080.

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CELEBRATION

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**Pelvic Health
and Rehab**

FLORIDA HOSPITAL CONNECTED CARE